

ABSTRACT OF THE DISCLOSURE

There is disclosed a sanitary tampon including an absorber including: an absorbent layer made of an absorbent fibrous material; and a hydrophobic liquid-permeable layer covering the absorbent layer. The absorber is formed firstly into a flat shape and then into a column shape. The absorbent layer forming the flat absorber is formed with a plurality of small recesses which open in the surface of the absorbent layer and extend into the absorbent layer.